



Ridges Mountain (NC Zoo) 2 March 2025

submitted by Jim Gant

Trip Coordinator(s): Jim Gant; NC Zoo Guide Grace Sigmon

Location: Ridges Mountain, Asheboro, NC area

Temperature: 40's -50's

Weather: Partly cloudy

Target Bird(s), if any:

Number of participants: 5

Bird List: Mourning Dove, Turkey Vulture, Yellow-bellied Sapsucker, Red-bellied Woodpecker, Downy Woodpecker, Eastern Phoebe, Blue Jay, Carolina Chickadee, Tufted Titmouse, White-breasted Nuthatch, Brown Creeper, Carolina Wren, Eastern Bluebird, Hermit Thrush, American Robin, Purple Finch, American Goldfinch, Dark-eyed Junco, Black-and-white Warbler, Pine Warbler, Yellow-rumped Warbler, Northern Cardinal; for a total of **22 species**.

Comments: (such as, notable birds seen, interesting bird or animal behavior, condition of the birding site, participant comments):

It was a good day for birding. The Black-and-white Warbler was singing around the Trail head area. But as Warblers are, they move a lot and this one was elusive. In addition to seeing and hearing birds we also saw some small ponds areas where Salamander research is underway. We also saw a few butterflies as well. We gathered for our group photo at the top in front of some of the very large rocks at the top. All in all, a good day.

Ridges Mountain Photos, 22 March 2025



Grace, our guide (with backpack) from the NC Zoo keeping an eye on us as we go up the trail



An early Eastern Tiger Swallowtail Butterfly on an Eastern Redbud Tree



Grace (our NC Zoo guide) looking over one of the Salamander



One of our group photos in front of the large rocks at the top



Another group photo at the top